



Families First Society

FORT SASKATCHEWAN

Appendix 6



Safe, strong, healthy future generations

#thisisourvillage

Vision

Safe, Strong, Healthy Future Generations

Mission

Through improving the lives of our children, youth and families today, we help create a resilient, healthy community for tomorrow.



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LET'S BUILD BETTER BRAINS



TOXIC STRESS

Weakens brain architecture

- Intense, repeated and prolonged response to stressful events
- No caring adults around to buffer the stress response
- Disrupts brain architecture and increases lifelong health risks



POSITIVE STRESS



TOLERABLE STRESS



TOXIC STRESS

Family Violence Prevention Program

- Families First provides support to individuals who are experiencing family violence
- The abuse may include physical, emotional, spiritual or financial
- Support is provided by: assessing level of risk, developing a safety plan, educating about power, control and the cycle of abuse, attending court as needed, and assisting the individual in removing barriers keeping them from living a life free from abuse

Did you know?

- Alberta has one of the highest records of self reported incidents of Family Violence in the country.



- 1 in every 4 women in this community will experience abuse.
- It is estimated that Alberta has spent \$600 million dollars in the past 5 years addressing ongoing domestic violence, even after women have left an abusive situation.



In Fort Saskatchewan, in our last fiscal year, our Family Violence Prevention Program:

- **Supported 169 individuals (up this year)**
- **Maintained 33 client files (26 from Fort)**
- **Within the 33 client files there are 37 children**
- **Spent 295 hours on advocacy and court support activities (about the same)**



Strong societies are made up of
healthy, contributing members of society.
“It takes a Village to support a Family”



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What are some accomplishments?

- Working with all levels of government and community through effective partnerships.
- Families First is being recognized for leadership in this area.
- We are able to assist individuals and families by wrapping them within other programs and supports.



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